

PLEASE PRINT, COMPLETE AND RETURN TO THE FRONT OFFICE.
THIS IS A MANDATORY REQUIREMENT FOR STUDENT FILES



- Discipline must be:
 - Individualized and consistent for each child;
 - Appropriate to the child's level of understanding; and
 - Directed toward teaching the child acceptable behavior and self-control.

- A caregiver may only use positive methods of discipline and guidance that encourage self-esteem, self-control, and self-direction, which include at least the following:
 - Using praise and encouragement of good behavior instead of focusing only upon unacceptable behavior;
 - Reminding a child of behavior expectations daily by using clear, positive statements;
 - Redirecting behavior using positive statements; and
 - Using brief supervised separation or time out from the group, when appropriate for the child's age and development, which is limited to no more than one minute per year of the child's age.

- There must no harsh, cruel, or unusual treatment of any child. The following types of discipline and guidance are prohibited:
 - Corporal punishment or threats of corporal punishment;
 - Punishment associated with food, naps, or toilet training;
 - Pinching, shaking, or biting a child;
 - Hitting a child with a hand or instrument;
 - Putting anything in or on a child's mouth;
 - Humiliating, ridiculing, rejecting, or yelling at a child;
 - Subjecting a child to harsh, abusive, or profane language;
 - Placing a child in a locked or dark room, bathroom, or closet with the door closed; and
 - Withholding active play or keeping a child inside as a consequence for behavior, unless the child is exhibiting behavior during the active play that requires a brief supervised separation or time out that is consistent with §746.2803(4)(D)
 - Requiring a child to remain silent or inactive for inappropriately long periods of time for the child's age.

| | |
|--|-------|
| My signature verifies I have read and received a copy of this discipline and guidance policy. | |
| _____ | _____ |
| Signature | Date |
| _____ | |
| Child's Name | |
| Check one please: <input type="checkbox"/> Parent <input type="checkbox"/> employee/caregiver | |

* Texas Administrative Code, Title 40, Chapters 746 and 747, Subchapters L, Discipline and Guidance





Return to School Policy

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COVID protocols supersede policies/ timelines and symptoms listed in this policy at this time.

Staff or students with a temperature of 99.6°F or above (contactless or tympanic) or other signs of illness will not be admitted to the facility nor permitted to return until they are symptom free (of any COVID-like symptoms) for **48 hours** without the aid of medication. MTKA policy will follow the most current recommendations from Health & State Officials. Families will be notified of any updates via email provided at registration.

It is crucial that we have a **current and reliable** phone number for you during the day.

Sick children and adults should not enter the building. If you are ill or have a sick child with you, please notify us and make arrangements for drop off and pick up of your well child. Please call us upon arrival at My Time and we will help you escort your well child to and from class.

Children experiencing any of the symptoms outlined in the Health, Illness & Incidents section of the My Time parent handbook may return to My Time:

- 24 hours after temperature has remained normal **without** the use of medication.
- 24 hours after initial dose of antibiotics (including topical ointments).
- No episodes of diarrhea for a full 24 hours, **without** the aid of medications.
- No episodes of vomiting for a full 24 hours, **without** the aid of medications.
- With written documentation from a medical professional confirming that the child is no longer contagious and may resume regular activities.

If your child becomes ill while at My Time, you will be notified immediately and expected to arrange pick up of your child within 30 minutes of being called. In the event that a parent cannot be reached after a period of time or is unable to promptly pick up the child, a person listed on the child’s emergency contact list will be notified and asked to come for your child. In most cases, the child will be in the front office with the Director or other staff member until the guardian can arrive to pick up the child. **Students with a temperature of 99.6°F or above (contactless or tympanic) or other signs of illness will not be permitted to return until they are symptom free (of any COVID-like symptoms) for 48 hours without the aid of medication.**

Children who are seen by a physician for symptoms of a common cold, allergies or other viruses are not required to provide a doctor’s note but must follow the ~~24-hour policy~~ **(this policy is currently extended to 48 hours due to COVID protocols)**. “Return to school” notices from doctor’s will not take the place of the 48 hour rule at this time. Please notify the director if your child becomes ill with a contagious disease so parents of other children may be notified. The diagnosed child will remain anonymous, however we are required to alert parents that their child may have been exposed.

Parents will be notified by phone if your child is injured, or has any symptom requiring exclusion from regularly scheduled activities. It is My Time’s policy to call parents any time that a child in our care bumps their head. If the injury results in an emergency room visit or doctor’s office, you must notify the director within 24 hours.

Child’s Name (please print)

Parent/ Guardian Name (please print)

Parent/ Guardian Signature

Date



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Policies & Permissions

- _____ I acknowledge that I have read and understand the policies and procedures in the My Time Kids Academy Parent Handbook as well as the **COVID-19** protocols. Should updates or changes be made at any time, I understand that I will be notified by the email I provided at the time of registration.
- _____ I understand there may be instances that arise when a child's/family's behavior warrants the need to find a more suitable setting for either a short term or permanent basis. An adjustment period is in place to ensure a balanced classroom environment conducive to an exemplary experience for all.
- _____ **ASSUMPTION OF RISK, WAIVER OF LIABILITY:** As the legal guardian of the above named participant, I recognize that injuries can and may occur in sports, gymnastics or activities involving height and/ or motion, including but not limited to gymnastics, tumbling, trampoline, low beam and bar, tumble track inflatable, other gymnastics equipment and materials, etc. Being fully aware of these dangers, I voluntarily consent to the persons participating in all programs at My Time Kids Academy (MTKA)/ My Time Kids Gym LLC. In consideration for allowing my child to use these facilities, I, on my own behalf, and the behalf of my child and our respective heirs, administrators, executors, and successors hereby covenant to sue and forever release My Time Kids Academy (MTKA)/ My Time Kids Gym LLC, its officers, directors, shareholders, employees, or other representatives, whether paid or volunteer, from all liability for any and all damages or injuries suffered by my child while under the instruction, supervision or control of MTKA/ My Time Kids Gym LLC.

FINANCIAL:

- _____ Intent to withdraw a child from any My Time Kids program **requires a 30-day written notice**. Notices may be handwritten or emailed to info@mytimekids.com. The date of the email or receipt of written notice will be considered the time stamp for the 30-day notice. Refunds will not be given when withdrawal notices are given with less than 30-days notice.
 - Enrollment fee is non-refundable, noted at time of enrollment.
 - Fall/Spring Activity/ Supply fee is non-refundable once semester has begun.
 - Tuition refunds will not be granted without proper 30 day written notice.
 - Tuition is non-refundable due to closure initiated by state officials, CDC & Health officials, or administration due to COVID-19.

_____ **AUTO-PAY Status Payment Only:** I agree to automatic debit to my bank account each month for tuition and fees for all programs at My Time Kids Academy via the BrightWheel app. I understand that MTKA requires the payment options to be set to "auto-pay" and fees due by the due date listed on the BrightWheel invoice. I understand that I will be notified if my payment fails to authorize for any reason and a \$25 late fee will be assessed. I must provide a valid bank account within 5 calendar days of the original rejection date or submit payment by money order.

_____ **Late Policy:** I hereby certify that I have read and shared the policy on Late Pick up with my child's other parent/guardians. I/we agree to adhere to this policy. Any child not picked up on time at dismissal at 2:00 or 2:10pm (extended care program picked up after 5:30pm) will immediately be placed into our extended care program and will be charged according to late fee policy. This fee is due immediately the same day and will be sent via BrightWheel.

PERMISSIONS:

_____ **Photography/ Video:** I understand that my child may be photographed and/ or video-recorded during classes and performances. I agree that these images/ videos of my child may be used for promotions/ marketing materials online or in print, as well as official MTKA website and social media platforms. If you do not consent to this practice please write **"NO CONSENT"** here: _____

_____ **Supervised water activities** My child may participate in water activities- water table, sprinklers, slip-n-slides (camps), water hose for gardening

_____ **Use of Technology:** Videos that are educational or relate to themes being taught. ***Videos are not to exceed 20 minutes/day during regular hours. Not to exceed 20 minutes/day during AfterCare.**

_____ **Consumption of treats/ snacks** We encourage healthy options for birthdays such as fruit popsicles, low or no sugar options. Teachers tie in foods, on occasion, with the themes for each week. Please let your teacher know if you will send in an alternative food for these times.

_____ **Supervised bounce house participation:** My Time follows manufacturer safety guidelines and rules, insurance requirements, and state licensing rules regarding bounce house use. We currently have an indoor tumble track inflatable, and bouncy castle used on gymnastics mats for safety. At times, My Time rents slides appropriate for preschool and elementary aged children.

_____ **SUNSCREEN:** Licensing requires your permission to re-apply sunscreen if needed throughout the day. Please arrive to school with sunscreen already applied. Initialing here gives MTK staff permission to reapply sunscreen if needed.

******CIRCLE ONE:** **HEB Spray Sunscreen Kids SPF50.** **I will provide my own to be left at school**

_____ **INSECT REPELLANT:** Licensing requires your permission to re-apply repellant if needed throughout the day. Please arrive to school with it already applied if you feel that your child needs it. Initialing here gives MTK staff permission to re-apply insect repellant.

******CIRCLE ONE:** **OFF! Family Brand Spray** **I will provide my own to be left at school**

_____ I **DO/ DO NOT** give permission for MTK staff to apply antibiotic ointment or hydrocortisone cream should the need arise. Parents will be notified if this occurs. Application record kept in the office for review.

******CIRCLE ALL THAT APPLY:** **Antibiotic Ointment** **Hydrocortisone Cream**

I have read and understand all policies and expectations outlined in the Parent Handbook & Addendum. My signature below indicates my voluntary agreement with the terms set forth above.

Parent/ Guardian Signature

Date

Child's Full Name (Please PRINT)

